

*my*DESIGN®  
Student &  
Staff Workshop  
Information Pack

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The 'Unlocking mySTRENGTHS' Workshop is an on-site workshop that helps students cultivate self-awareness of their natural talents and abilities.

**Recommended Year Group(s):** Years 9-12

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The 'Unlocking myDESIGN' Workshop is an on-site workshop that helps students unlock their strengths, interests and motivators using the S.I.M Framework®.

**Recommended Year Group(s):** Years 9-12

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The 'Designing mySTUDIES' Workshop is an on-site workshop that helps students unlock their strengths, interests and motivators using the S.I.M Framework® so that they can select their senior subjects in an intentional way.

**Recommended Year Group(s):** Year 10

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The 'Unlocking mySTRENGTHS' Workshop is an on-site workshop that helps staff cultivate self-awareness of their natural talents and abilities.

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The 'Unlocking Team Potential' Workshop is an on-site workshop series that provides staff teams with a roadmap for becoming a high performance team.

## Unlocking **mySTRENGTHS** Workshop

<b>Recommended Year Group(s):</b>	Years 9-12
<b>Duration:</b>	2 Hours

### What is the ‘Unlocking **mySTRENGTHS**’ workshop?

The ‘Unlocking **mySTRENGTHS**’ Workshop is an on-site workshop that helps students cultivate self-awareness of their natural talents and abilities.

### How will this workshop support students?

The ‘Unlocking **mySTRENGTHS**’ Workshop will support students by helping them to identify their strengths, communicate their strengths and activate their strengths for greater achievement, collaboration and satisfaction.

### What is the agenda for the ‘Unlocking **mySTRENGTHS**’ workshop?

- Introduction to The Inside-Out Approach
- Mini Masterclass: What are Strengths?
- Activity: Introduction the **myDESIGN** Strengths Profiles™
- Activity: The **myDESIGN** Strengths Profiles™ Quiz

### Who will be the lead facilitator of this workshop?

[Kirstene Ciappara](#) (Co-Founder & Managing Director of **myDESIGN**® Education) will be the lead facilitator of this workshop. Kirstene started her career as a secondary teacher at [CathWest Innovation College](#) before heading to [St Luke’s Catholic College](#) to teach these very concepts to students from Year 7 and above!

### What have students said about this workshop?

*“I loved how the workshop was presented. It had a clear direction making it easier to unpack my strengths”* - Year 11 Student, Marist Schools Australia

*“Absolutely amazing!!! Very passionate and bubbly. Very informative and liberating. I would recommend everyone do this” - Year 11 Student, Marist Schools Australia*

## What’s the cost of this workshop?

Reach out to Kirstene ([kirstene@mydesignededucation.com.au](mailto:kirstene@mydesignededucation.com.au)) to enquire about the workshop cost, inclusions and/or available dates.

Alternatively, you can book a time to chat to Kirstene via Zoom [here!](#)



## STUDENTS: Unlocking **myDESIGN** Workshop

Recommended Year Group(s):	Years 9-12
Duration:	4 Hours

### What is the 'Unlocking **myDESIGN**' workshop?

The 'Unlocking **myDESIGN**' Workshop is an on-site workshop that helps students unlock their strengths, interests and motivators using the S.I.M Framework®.

### How will this workshop support students?

The 'Unlocking **myDESIGN**' Workshop will support students by helping them to better understand and appreciate who they are, which creates a strong foundation for their wellbeing, learning and post-school pathways.

### What is the agenda for the 'Unlocking **myDESIGN**' workshop?

<b>Session 1:</b>
<ul style="list-style-type: none"><li>● Mini Masterclass: What are Strengths?</li><li>● Activity: Introduction the <b>myDESIGN</b> Strengths Profiles™</li><li>● Activity: The <b>myDESIGN</b> Strengths Profiles™ Quiz</li></ul>
<b>Session 2:</b>
<ul style="list-style-type: none"><li>● Mini Masterclass: What are Interests?</li><li>● Activity: Interests Ideation</li><li>● Activity: Career Cluster Scavenger Hunt</li><li>● Mini Masterclass: What is Motivation?</li><li>● Activity: My Top 5 Values</li><li>● Activity: Sharing <b>mySIM</b> (Groups)</li></ul>

### Who will be the lead facilitator of this workshop?

[Kirstene Ciappara](#) (Co-Founder & Managing Director of **myDESIGN**® Education) will be the lead facilitator of this workshop. Kirstene started her career as a secondary teacher at

[CathWest Innovation College](#) before heading to [St Luke's Catholic College](#) to teach these very concepts to students from Year 7 and above!

## What have students said about this workshop?

*"I think that this workshop was absolutely amazing and really helped me find out who I am as a person and helped me to realise my full potential"* - Year 10 Student, Chevalier College

*"Thank you so much! This has been so helpful and something I will use for the rest of my life"* - Year 10 Student, Chevalier College

## What's the cost of this workshop?

Reach out to Kirstene ([kirstene@mydesignededucation.com.au](mailto:kirstene@mydesignededucation.com.au)) to enquire about the workshop cost, inclusions and/or available dates.

Alternatively, you can book a time to chat to Kirstene via Zoom [here!](#)



## STUDENTS: Designing **mySTUDIES** Workshop

<b>Recommended Year Group(s):</b>	Year 10
<b>Duration:</b>	1 Day

### What is the ‘Designing **mySTUDIES**’ Workshop?

The ‘Designing **mySTUDIES**’ Workshop is an on-site workshop that helps students unlock their strengths, interests and motivators using the S.I.M Framework® so that they can select their senior subjects in an intentional way.

### How will this workshop support students?

The ‘Designing **mySTUDIES**’ Workshop will support students by helping them to better understand and appreciate who they are. It will also teach them how to make decisions about their future in a way that activates their strengths, interests and motivators.

### What is the agenda for the ‘Designing **mySTUDIES**’ Workshop?

<b>Session 1:</b>	
<ul style="list-style-type: none"> <li>● Introduction to The Inside-Out Approach</li> <li>● Mini Masterclass: What are Strengths?</li> <li>● Activity: Introduction the <b>myDESIGN</b> Strengths Profiles™</li> <li>● Activity: The <b>myDESIGN</b> Strengths Profiles™ Quiz</li> </ul>	
<b>Session 2:</b>	
<ul style="list-style-type: none"> <li>● Mini Masterclass: What are Interests?</li> <li>● Activity: Interests Ideation</li> <li>● Activity: Career Cluster Scavenger Hunt</li> <li>● Mini Masterclass: What is Motivation?</li> <li>● Activity: My Top 5 Values</li> <li>● Activity: Sharing <b>mySIM</b> (Groups)</li> </ul>	
<b>Session 3:</b>	

- Activity: Senior Subject Investigation & S.I.M-U-LATER™

## Who will be the lead facilitator of this workshop?

[Kirstene Ciappara](#) (Co-Founder & Managing Director of **myDESIGN**<sup>®</sup> Education) will be the lead facilitator of this workshop. Kirstene started her career as a secondary teacher at [CathWest Innovation College](#) before heading to [St Luke's Catholic College](#) to teach these very concepts to students from Year 7 and above!

## What have students said about this workshop?

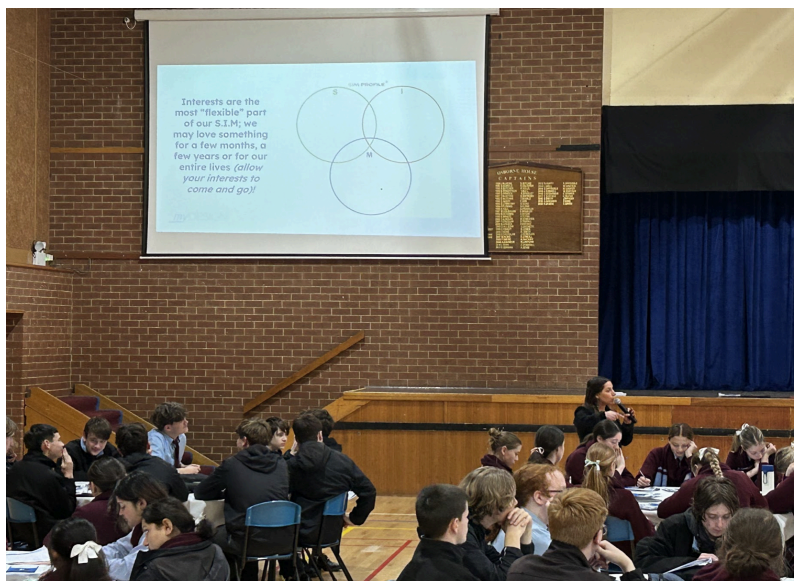
*"I found this workshop very useful to help me choose my subjects and discover more about myself" - Year 10 Student, Chevalier College*

*"I found this workshop very interesting. I found out more about myself and my capabilities and how that can influence my decisions after school" - Year 10 Student, Chevalier College*

## What's the cost of this workshop?

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Alternatively, you can book a time to chat to Kirstene via Zoom [here!](#)





## STAFF: Unlocking **mySTRENGTHS** Workshop

**Duration:**

2 Hours

### What is the ‘Unlocking **mySTRENGTHS**’ workshop?

The ‘Unlocking **mySTRENGTHS**’ Workshop is an on-site workshop that helps staff cultivate self-awareness of their natural talents and abilities.

### How will this workshop support teachers?

The ‘Unlocking **mySTRENGTHS**’ Workshop will support staff by helping them to identify their strengths, communicate their strengths and activate their strengths for greater achievement, collaboration and satisfaction.

### What is the agenda for the ‘Unlocking **mySTRENGTHS**’ workshop?

- Introduction to The Inside-Out Approach
- Mini Masterclass: What are Strengths?
- Activity: Introduction the **myDESIGN** Strengths Profiles™
- Activity: The **myDESIGN** Strengths Profiles™ Quiz

### Who will be the lead facilitator of this workshop?

[Richard Burton](#) (Co-Founder & Director of **myDESIGN**® Education) will be the lead facilitator of this workshop. Richard has two decades of experience in senior leadership positions and since 2010 has been a trusted coach to hundreds of leaders across Australia.

### What’s the cost of this workshop?

Reach out to Richard via email ([richard@mydesignededucation.com.au](mailto:richard@mydesignededucation.com.au)) to enquire about the workshop cost, inclusions and/or available dates.

## STAFF: Unlocking Team Potential Workshop Series

**Duration:**

2 Days OR 3 x 3-Hour Sessions

### What is the 'Unlocking Team Potential' workshop series?

The 'Unlocking Team Potential' Workshop is an on-site workshop series that provides staff teams with a roadmap for becoming a high performance team.

### How does it work?

The workshop series is based on a framework of seven specific *commitments* that any team can make in order to become their best. Each commitment builds sequentially onto the next and removes the guesswork of being a team. There is also an intentional, strengths-focus at the core of the program in order to leverage individual and collective talents. If schools opt for the 3 x 3-hour sessions, the agenda for the sessions will be as follows:

- Session 1 - Creating **Comfort**
- Session 2 - Building **Connection**
- Session 3 - Maximising **Contribution**

### How will this workshop series benefit school leadership teams?

The 'Unlocking Team Potential' Workshop will support staff teams by:

- Facilitating personal awareness and understanding within the team, which creates a foundation for great collaboration and a sense of partnership;
- Accelerating team development and performance;
- Creating a legacy that the team can continually reference and build upon.

### Who will be the lead facilitator of this workshop series?

[Richard Burton](#) (Co-Founder & Director of **myDESIGN**® Education) will be the lead facilitator of this workshop. Richard has two decades of experience in senior leadership positions and since 2010 has been a trusted coach to hundreds of leaders across Australia.

### What's the cost of this workshop?

Reach out to Richard via email ([richard@mydesignededucation.com.au](mailto:richard@mydesignededucation.com.au)) to enquire about the workshop cost, inclusions and/or available dates.